# The 19th AAPM 5 K RUN / WALK
## sponsored by
# GAMMEX RMI

Tuesday, July 27, 1999 – buses depart Opryland at 5:45 am

| | |
|---|---|
| Distances: | Run 5 km or Walk 1 mile |
| Entry Fee: | None! |
| Location: | The Opryland Trams will shuttle you from the Veranda Canopy (near Magnolia Lobby just off of the Cascades Conservatory east entrance) to the run site. Trams will begin shuttling before 6:00 am for the 6:15 am start time. The start/finish is located near the north entrance to the Opryland Hotel grounds on McGavock Pike. From there you will run/walk up Music Valley Drive past several famous music venues and restaurants like the Nashville Palace and Cock of the Walk. At the midway point in the run you will leave the business district and find yourself moving along Pennington Bend of the Cumberland river and flanked by Gleaves Farm. |
| Refreshments: | Served at race site. |
| Prohibited Items: | Headphones, baby strollers/joggers, rollerskates. (Insurance Regulation) |
| Awards: | Awards will be provided in selected categories. Results and Awards will be available at the GAMMEX RMI booth by approximately 10:30 am on raceday. |

Entries received after July 1 cannot be guaranteed a t-shirt!

**This event is open only to AAPM registrants & exhibitors of the 41st AAPM Annual Meeting.**

**OFFICIAL ENTRY FORM**
(MACHINE COPIES ACCEPTED)

NAME (First-skip a space-Last) (No Hyphens, Please)

ADDRESS

SEX

AGE

CITY

STATE/PROV CODE

COUNTRY

ZIP / POSTAL

COMPANY, HOSPITAL, SCHOOL, INSTITUTION, etc. (If Companion, enter "COMPANION")

EVENT: _____ 5km run _____ 1mi Walk

T-Shirt: _____ M _____ L _____ XL

I understand that running in the 5 km Run or walking in the 1mi Walk is a potentially hazardous activity. I understand that I should not enter the Run or the Walk unless I am medically able & properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the Run or Walk. I assume all risks associated with my participation in the Run or the Walk including, but not limited to, injuries or damages resulting from falls, fatigue, stress, exertion, contact with other participants, effects of the weather (including high heat &/or humidity), traffic & road conditions; all such risks being known & understood by me. Having read this waiver & knowing these facts & in consideration thereof & the opportunity to participate in the Run or the Walk, I, for myself, & anyone entitled to act on my behalf waive & release: the AAPM, GAMMEX RMI, the city of Nashville, plus all other sponsor & event organizers, their representatives & successors, from all claims or liabilities of any kind arising from my participation in this race.

OFFICIAL USE

SIGNATURE (Mandatory for all. Must be signed by parent if entrant is under age 18.)

**Entry Deadline: July 1, 1999**

Mail with your meeting registration form to:

AAPM Annual Meeting Registration ▲ P.O. Box 630554 ▲ Baltimore, MD 21263-0554

fax (301) 209-0862